

# LABORER

## Federally Approved Apprenticeship Program

Building the Industry Together, One Block at a Time

### LEVEL ONE

Orientation to the Trade  
 Building Materials  
 Building Fasteners  
 Building Adhesives  
 Properties of Concrete  
 Site Layout  
 Differential Leveling  
 Handling Concrete  
 Placing Concrete  
 Foundations  
 Slabs-On-Grade

### LEVEL TWO

Reinforcing Concrete  
 Vertical Framework  
 Horizontal Framework  
 Heavy Equipment, Forklift,  
 & Crane Safety  
 Steel Erection  
 Electrical Safety  
 Intro to Construction Equipment  
 Rough Terrain Forklifts  
 Oxyfuel Cutting  
 Elevated Masonry  
 Working from Elevations  
 Your Role in the Green Environment

## CORE CURRICULA

Basic Safety  
 Introduction to Construction Math  
 Introduction to Hand Tools  
 Introduction to Power Tools  
 Introduction to Construction  
 Drawing

Basic Rigging  
 Basic Communication Skills  
 Basic Employability Skills  
 Introduction to Material  
 Handling

## PROGRAM FEATURES

Federally registered apprenticeship program  
 2-year program (includes CORE curricula 1<sup>st</sup> year)  
 144 classroom hours per year

Combine theory & knowledge-based assessments  
 4000 on-the-job training hours

Hands-on training ensures you have the skills you need to succeed  
*PPE required for all classes*

## CLASS SCHEDULE

September through April

Week night classes from 5:00 - 8:00PM

Virtual Options Available

## KANSAS CITY EASTERN MISSOURI

Enrollment period begins in July  
 Apply online at [www.abcksmo.org/apply](http://www.abcksmo.org/apply)



*ABC Heart of America utilizes Mike Holt Enterprises Certified Electrical Apprenticeship training curriculum for all electrical apprenticeship training classes.*



### ADDRESS

Kansas City Training Facility  
 4035 Denton Road  
 Kansas City, MO 64133



### CONTACT US

816.994.5990  
[training@abcksmo.org](mailto:training@abcksmo.org)  
[www.abcksmo.org](http://www.abcksmo.org)